

BRUNSLI RECIPE

The delicious Brunsli following Sprüngli's sure to succeed recipe:



Makes approx. 100 – 120 Brunsli:

600 g of almonds, unskinned, ground

300 g sugar

300 g cane sugar, finely ground

50 g cocoa powder

2 egg whites from medium-sized eggs

1,5 dl water 0,2 dl kirsch

250 g dark chocolate, 75% cocoa



This is how it's done:

Mix the ground almonds with sugar, cane sugar, cocoa powder, and egg whites. After that, melt the chocolate with the water in a bain-marie and mix in the kirsch. Add the chocolate-kirsch mixture to the almond-sugar mixture and combine to an even dough. Cover the finished dough and place somewhere cool for 1 hour.

Evenly roll out the dough between grease-proof paper until it is 1 cm thick. To finish, sprinkle the surface of the dough with sugar crystals, cut out the Brunsli with a cookie cutter and place on a baking tray lined with baking parchment. Preheat the oven to 220° C and bake the Brunsli on the middle rack for about 5-6 minutes. Let them cool off on the baking tray, cool completely on a cooling rack.

Tip from a pro:

For an irresistible flavour, mix in a hint of bitteralmond oil after adding the egg whites.

